

Understanding and supporting students who experience 'school can't'

For parents and carers

**Wednesday
4 June**

**7pm to 8.30pm
Online event**

Hear from School Can't Australia about:

- Identifying early signs of distress.
- Why we need to reframe School Refusal as School Can't
- How to support your child / teen when they are distressed about attending school
- Learn about common stressors and the autonomic nervous system
- The relationship between chronic stress and wellbeing
- Looking after yourself as a parent/carer

How to book

Scan the QR code or visit www.maroondah.vic.gov.au/school-cant

For more information contact Cathie Wills, Children's Services Project Officer.
Phone 9294 5740 or email childrens.services.events@maroondah.vic.gov.au

This webinar is presented in partnership with Boroondara, Knox, Whitehorse and Yarra Ranges Councils.

**Free
Bookings
essential**

