



Young
men
14-17

The Forge – Young Men’s Program

A supportive space for young men to connect with others, build confidence and have fun!

The Forge is here for young men aged 14–17 who want to build real confidence, strengthen their friendships, and gain tools for life.

This free program from Knox Youth Services offers fortnightly sessions packed with hands-on activities, real talk, and guest speakers who bring lived experience and insight. You’ll:

- Dig into what it means to be a young man today
- Build skills to manage emotions and bounce back from setbacks
- Connect with a supportive crew in a respectful, judgement-free space
- Hear stories and advice from inspiring mentors

Meetings are held fortnightly on Monday’s from 4:30pm-6:00pm. Registration is required.

For more information contact Luis in Youth Services at youth@knox.vic.gov.au or 9298 8000.



This program is supported by the Victorian Government through the Engage! Program.